

# **Special** Delivery

# **SUMMER 2018**

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These precious babies were born at Our Lady's Inn January - March 2018.

Adonis Bakari Bjorn Charles Darien Li-Myka

Nahshon River Sarah Theodore

Maher



News and Announcements from Our Lady's Inn

# Our Lady's Inn nurses promote healthy pregnancies.

The nursing program had its beginnings in 2003 thanks to a grant from the Missouri Foundation for Health. Helen Risse RN, BSN, MSN and Kathy Pimmel RN, BSN were hired that year, and have been faithfully serving OLI moms and babies for the past 15 years! Both came to OLI with extensive obstetrical experience, in particular in labor and delivery. Kathy is also a lactation specialist.

## Describe your day-to-day work with OLI moms?

HELEN: When new families first come to Our Lady's Inn, meet with mom to discuss her health history, physical, mental, and emotional health. This is an opportunity to establish a relationship with her, and when she can begin to put trust in us. It is also the time we help connect her to prenatal care if she has not yet seen a doctor.

We offer both group education and one-on-one support for many topics affecting our families. For example, moms attend classes on parenting, labor and delivery, nutrition, healthy boundaries, and infant CPR. Outside of the class setting, we offer guidance and encouragement to them for such issues as sober living, gestational diabetes, smoking cessation, breastfeeding, and bonding. We perform weight checks for each newborn to ensure they are thriving. We serve as a caring listener for expectant and new moms about their pregnancy concerns and assist them in determining when to go to an urgent care or emergency room for symptoms of illness or problems with the pregnancy.

# How is your work linked with other OLI staff?

**KATHY:** All staff work as a team to best support our families. Nurses work with the Counselors, Case Managers, and Child Advocates to coordinate referrals and transportation. We educate and help keep all staff informed about current trends in healthy pregnancy. parenting, first aid, and other health issues which impact our families.

## What community initiatives and programs are you involved in?

HELEN: In addition to working with our families and staff, we form relationships with many community organizations. We work with university students who come to OLI for clinical experiences and projects. We learn from and share our knowledge with organizations and coalitions such as Heartbeat International, Alliance for Life, and the National Maternity Homes Coalition. These opportunities help our staff stay up-to-date on changing trends and client needs.

On-staff registered nurses perform a critical role at Our Lady's Inn offering pre- and post-natal care and education to ensure healthy pregnancies, healthy babies and healthy children.





# from the **Executive Director**

Spring is a wonderful season at Our Lady's Inn! It is a season for the celebration of life. We celebrate the new Life given to us at Easter and then we celebrate the gift of life through motherhood. As you might imagine, Mother's Day is a very special day at the Inn as we show our gratitude for the blessings of motherhood and the miracle of creation. In June we honor the life giving role of fathers-those men who stand tall and demonstrate love, commitment and sacrifice for their children.

We recently welcomed a team from CARF International, who after a comprehensive assessment of our programs, awarded OLI a 3 year accreditation-their highest level of accreditation! We take great pride in this achievement as it speaks to "our dedication and commitment to improving the quality of the lives of the persons served" and "a clear indication of an established pattern of excellence".

Our Lady's Inn has, once again, received a coveted 4-star rating from Charity Navigator demonstrating "strong financial health and commitment to accountability and transparency". Attaining a 4-star rating verifies that Our Lady's Inn exceeds non-profit industry standards and outperforms most charities in our area of work.

I am proud of the work we do each day to support women in crisis pregnancies; and I am proud of the manner in which we do that work. We value all life, we labor out of love born from faith and we respect the dignity of every woman and child who comes to our door.

- Peggy Forrest -

# What's Happening at OLI...

As the weather warms up, our kiddos love to ride bikes, trikes, and scooters! We're so grateful to Buddy Fund for their generous gift of bike helmets so that all our kids can ride safely.





Many thanks to the OLI St. Louis House Board for their great efforts with the Magnets for Moms fundraiser! Enough money was raised to purchase a much-needed new van for our St. Louis City home.

Our little ones certainly enjoyed their first **Mommy** and Me group! This is an optional weekly group for our moms to learn about baby and child development, participate in age-appropriate activities, and share their experiences at each age with other moms, as well as receiving developmentally-appropriate books, toys, and other supplies.





Our Lady's Inn was one of the grant recipients from Greater St. Louis Book Fair! The grant will be used to provide books for the families that call OI I home.

We are thrilled to be one of the **Community** and Children's Resource Board grant recipients. Through the Children's Trust Fund License Plate Fund, this grant will help us provide healthy meals and essentials to OLI families!





Angel Gala ~2018

Our Lady's Inn honored John and Denise O'Rourke at our Annual Gala, presenting them with the 2018 Guardian Angel Award. The event was held on Sunday, April 22nd at Old Warson Country Club. John and Denise joined a distinguished list of Angel Gala honorees for their leadership, generosity, and commitment to building a brighter future for Our Lady's Inn families. Their decades of support to our mission is irreplaceable!

The Angel Gala, hosted by Darryl and Ellen Ross, opened with a cocktail hour reception and live music provided by the Bill Lenihan Trio. Guests enjoyed dinner, followed by more music from the band. OLI was also pleased to present our event emcee, Glenn Zimmerman, with the very special Angel Gabriel Award for his continued and generous gift of time and talent to the Angel Gala event. We are most grateful for Glenn's energy and passion which he brings to the evening as an advocate for our moms and babies.

# Many thanks to our generous sponsors for making the Angel Gala such a success!

**Premier Hosting Sponsor** Darryl and Ellen Ross

#### Gold Sponsors

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## **Silver Sponsor** Charles and Shirley Drury

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Mike O'Rourke, Michael O'Rourke, Jr. Denise O'Rourke, John O'Rourke



Darryl Ross, Peggy Forrest, Ellen Ross



Jill and Glenn Zimmerman

# Upcoming Event: 15th Annual Golf Tournament

Monday, June 25, 2018 Greenbriar Hills Country Club



15th ANNUAL **Tee off for Life** Golf Tournament

For more golf event details contact Katrina Becker at 314.736.1544 or kbecker@ourladysinn.org

Registration available online at ourladysinn.org



# **Baby Bottle Collections**

An easy way to raise awareness and funds for Our Lady's Inn. We provide baby bottles to collect change, dollars & checks. We pick them up when you're done! Great group activity for church, scouts, youth groups, or families. Thank you for your support! For more information please contact Katrina Becker at 314-736-1544 or kbecker@ourladysinn.org.







8790 Manchester Road • Suite 202 St. Louis, MO 63144

# Gifts Given in Memory of... January 1, 2018 – March 31, 2018

#### **Marilyn Adams**

From: Charles and Pamela Andrus Elizabeth Brombach Helen Risse

Jan Boyle

From: Scott and Karen Hoffmann Mary Brown From: Gary Brown James W. Burkhardt From: John and Jeanne Ruzicka The Convey – McGovern Families From: Melvyn and Mary Smith **Rose Ann Delsing** From: Peggy Forrest Arline Uhlenbrock Disch From: Dr. and Mrs. Richard Cross Thomas J. Donahue From: Mark and Jean Flanagan

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Patricia Liese From: Albert Liese **Rosemarie Liese** From: Albert Liese **Diana Mantia** From: Scott and Karen Hoffmann Mary Ellen O'Brien Marshall From: Donald and Gretchen Hermann **Dianne Mees** From: Scott and Karen Hoffmann Ann O'Brien From: Mr. and Mrs. Mark Hejna Sam and Gloria Lee Ann Reilly Jackie Raffaelle From: Mark Luczak Helen Rounds From: Anonymous

Mabel Scharfenberger From: Kurt and Terry Arthur James Smith From: Allen and Kim Klippel Mary Laubengayer Beth and John O'Leary Charitable Fund Alvan and Amy Sage **David Spiro** From: Scott and Karen Hoffmann Deceased members of the

St. Mark's Men's Club From: St. Mark's Men's Club

**Edward Thomas** From: Scott Hoffmann

Gene Vanderpluym From: Robert and Ellen Nix Neal Wessler From: Ruth Wessler

Happy Birthday Tyler Carter on his 1st Birthday and Baptism From: Mary Lee Bannes

**Don Goedeker** From: Kate Goedeker Austin Razavi

William J. Donley, III From: Mark and Jean Flanagan

# Gifts Given in Honor of... January 1, 2018 – March 31, 2018

Nancy Petersen From: Kim Brinkmann Loretta Rees From: Gary Leonard Emily Schneider on her 2nd **Éirthday** From: Liesel Schneider

**Elizabeth Telthorst** From: Katheleen Higgins In Thanksgiving **Our Blessed Mother** From: Mary Tumulty In Honor **Christy Beckman** From: Tom and Sandra Lowery

Sandy Lowery From: Amy Clark **Greg and Nicole Merlo** From: Kathleen Merlo **Rosemary Schmidt** From: Michael and Karen Schmidt

# The Board, Staff, Volunteers and Families of Our Lady's Inn Offer our Sincere Condolences to the Families of....

Pauline Celeste Keegan Mother of Daria Winker OLI Staff

Janet McMahon Longtime donor to OLI

**Robert Schisla** Father of Barbara Montanye **NLI** Staff













Community council